

Fallbrook Senior Center Board Member Biographies May 2024

Nickie Williams (President)

A Southern California native, Nickie was born in Burbank and raised in the foothills of Orange County and Dana Point. She is the mother of two young adults. Her son proudly served in the US Army, and her daughter just finished Medical School. Her professional background includes two main specialties. The earliest was computer technology/graphic design and she was happy and successful in that field. After 20+ years, she realized that she needed a new challenge. She returned to school at 38 years old to enter the medical field and became a Certified Surgical Assistant. Nickie was fortunate enough to have worked closely with some of the best surgeons at Scripps and Palomar Hospitals and assisted with hundreds of surgeries over the past 10+ years. Nickie and her fiancé Mickey purchased a home in Fallbrook last year and they could not be happier. She became involved with the Fallbrook Senior Center by volunteering in the Thrift Shop, which she very much enjoys.

Dr. Mark Weaver (Vice President) is a respected clinical psychologist, executive coach, and organizational development specialist. Mark has been helping organizations grow over the past 25 years by blending best practices from psychology and brain science with business management techniques that work in today's marketplace. He is president of *Deep CoachWorks* and is an executive ADHD coach. Mark's expertise and leadership have made him a sought-after speaker and consultant for organizations across multiple industries. We welcome his insights, his experience, and his enthusiasm to our board.

Jack Schirner (Secretary)

John (Jack) Schirner is a nominated candidate for the Fallbrook Senior Center Board of Directors. He and his wife, Jeanette, moved to Fallbrook from Laguna Niguel four years ago, though they have lived in California for over fifty-five years, having relocated from the Midwest. The Schirner's have a large family, including five children, thirteen grandchildren, and five (soon to be six) great-grandchildren, whom they love to visit across the country. John graduated with honors from National University with a degree in Business Administration. His professional career was primarily spent as the Director of Operational Auditing and Regulatory Compliance for Experian (formerly TRW). In this role, he developed and implemented operational practices to enhance work efficiencies and ensure compliance with various state and federal legal requirements in approximately seventy offices nationwide. A Certified Internal Auditor, John was a longtime member of the Institute of Internal Auditors and served as president of the Orange County chapter for three years. During his tenure, he successfully planned and hosted an International IIA conference attended by over 2,500 auditors from around the world. After nearly thirty years with Experian, John retired in 2000. Post-retirement, John volunteered with the Laguna Niguel Police Services department for seven years as part of their Police Auxiliary Citizens Team, earning the title of Volunteer of the Year in 2007. He also worked at Home Depot for eleven years, serving as a Hardware Department Manager, Safety Captain, and Employee Committee Captain. John's hobbies include woodworking, drumming, rose gardening, ballroom dancing, traveling, and playing pool at the Senior Center.

Howard Salmon (Treasurer) has a well-rounded background with a variety of healthcare companies, as CEO, Director, and Board of Directors. He comes to us with a Master of Health Administration from the University of Minnesota, a Lieutenant Commander of the United State Public Health Service, and a lifetime

fellow with the American College of Healthcare Executives. He has served on the board of directors of the Fallbrook Regional Healthcare District.

Tom Mintun (Board Member) prior expertise lies primarily with toll road construction and nuclear power plant construction and operation, both as an Operations Manager and Systems Engineer. He also has experience in dealing with the County of San Diego operations. He has been president of the Friends of the Fallbrook Library for the last seven years. Tom has a Bachelor of Science degree from the United States Naval Academy, and a Master of Science from George Washington university. He is a professional Nuclear Engineer and a licensed commercial pilot.

Richard West (Board Member)

Originally from Pocomoke City, Maryland, Richard has been a Fallbrook resident for the past 20 years. After High School, Richard joined the Air Force where he served for three years. After his discharge he returned to school under the GI bill and obtained a Certificate in Electronics training. He obtained a position at the North Island Naval Air Station in Coronado, where he repaired electronics for the Navy, Army, Air Force, and multiple foreign governments. He retired in 2017 after 49 years of employment at NAS North Island. After his retirement, Richard began volunteering to perform several different duties at the Fallbrook Senior Center and for the Seniors Helping Seniors organization.